

DANS AFDELING DANCE SECTION

ALGEMENE REËLS EN BEPALINGS

1. Deelnemers wat nie die reëls en bepalings nakom nie word gediskwalifiseer.
2. Deelnemers mag nie meer as eenkeer aan dieselfde item deelneem nie.
3. Tydsbeperkings vir items soos aangedui in die sillabus mag nie oorskry word nie. Let asseblief daarop dat die opstelling en verwydering van u rekwisiete hierby ingesluit is. Beperk dus rekwisiete tot 'n minimum.
4. Items moet aangebied word soos daar in die sillabus bepaal word.
5. Sertifikate sal gedruk word met die inligting soos op die aanlyn inskrywing. Maak seker dat die spelling korrek is.
6. 'n Groep moet onder 'n **groepnaam** ingeskryf word.
7. 'n Groepvorm met deelnemername en grade moet by die afdelingshoof ingehandig word voor optrede op die dag van deelname.
8. **Dit word ten sterkste ontmoedig dat deelnemers en groepe voorgesê of met gebare gelei word. Hulle mag geenaliseer word.**
9. By groepitems moet deelnemers 30 minute voor optrede by die afdelingshoof aanmeld.
10. Klagtes moet binne 48 uur per **e-pos** aan die Bestuur gerig word.
11. Selfone moet afgeskakel word tydens optredes.

GENERAL RULES & REGULATIONS

1. Failure to comply with the rules and regulations will result in disqualification.
2. Participants may not take part in the same item more than once.
3. Time limits, as indicated in the syllabus, may not be exceeded. Kindly note that the setting up and removal of props are included in this time provision. It is advisable to limit props to a minimum.
4. Items must be presented as prescribed in the syllabus.
5. Certificates will be printed according to the information provided on the online entry. Please ensure that spelling is correct.
6. A group must be entered under a **group name**.
7. A group form with participant names and grades must be handed in at the section head before performing on the day of participation.
8. **It is not advisable at all for participants and groups to be led in words or gestures. They may be penalised.**
9. With group items, participants must report to the head of section 30 minutes prior to performance.
10. Complaints must be submitted via **e-mail** to the Committee within 48 hours.
11. Cell phones must be switched off during performances.

INSKRYWINGSFOOIE / ENTRY FEES

Individuele items / Individual Items R 80.00

Groepe R 50.00 pp

Groups R 50.00 pp

Let wel: GEEN inskrywingsfooie is terugbetaalbaar nie.

Please note: NO entry fees are refundable.

INSKRYWINGS: ENTRIES:

Inskrywings word aanlyn gedoen by www.NovaArte.co.za

Please enter online at www.NovaArte.co.za

TOEKENNINGS - AWARDS			
Prestige	A++	95 - 100%	Prestige
Diploma	A+	90 – 94%	Diploma
Platinum	A	85 – 89%	Platinum
Goud	A-	80 – 84%	Gold
Chroom	B+	75 – 79%	Chrome
Silwer	B	70 – 74%	Silver
Brons	C	Onder/Under 70%	Bronze

Items kan slegs gewen word met Diploma (A+) of Prestige (A++) toekennings.
Items can only be won with Diploma (A+) or Prestige (A++) awards.

Items wat nie op die programdag en –tyd aangebied word nie, sal nie in aanmerking kom vir itemwenner nie

Items not performed on the allocated day and time will not be considered for item winner

DANS INDIVIDUELE ITEMS / DANCE INDIVIDUAL ITEMS	
ITEM NR	ITEM
DA01	Moderne dans / Modern dance – Class dance
DA02	Moderne dans / Modern dance – Own choice
DA03	Hip-Hop – Class dance
DA04	Hip-Hop – Own choice
DA05	Akrobaties / Acrobatic – Class dance
DA06	Akrobaties / Acrobatic – Own choice
DA07	Disko / Disco – Class dance
DA08	Disko / Disco – Own choice
DA09	Volksdans of Etnies / Folk dance or Ethnic – Class dance
DA10	Volksdans of Etnies / Folk dance or Ethnic – Own choice
DA11	<i>Latin American – Class dance</i>
DA12	<i>Latin American – Own choice</i>
DA13	Klopdans / Tap – Class dance
DA14	Klopdans / Tap – Own choice
DA15	Liriese dans / Lyrical dance
DA16	Musikale karakter / Musical character
DA17	Kontemporêr / Contemporary
DA18	Showcase
DA19	Hip-Hop Improvisasie / Improvisation

DANS GROEP ITEMS / DANCE GROUP ITEMS	
ITEM NR	ITEM
DAG01	Moderne dans groep / Modern dance group
DAG02	Hip-Hop groep
DAG03	Akrobaties groep / Acrobatic group
DAG04	Disko groep / Disco group
DAG05	Etnies groep / Ethnic group
DAG06	<i>Latin American</i> groep / Latin American group
DAG07	Klopdans groep / Tap group
DAG08	Liriese dans groep / Lyrical dance group
DAG09	Musikale karakter groep / Musical character group
DAG 10	Kontemporêr / Contemporary
DAG11	Showcase
DAG12	Hip-Hop Improvisasie / Improvisation
DAG13	Oop item / Open Item

ITEM BESKRYWINGS / ITEM DESCRIPTIONS	
DA01–DA02	<p>MODERNE DANS / MODERN DANCE</p> <p>Modern dance is a vibrant and exciting dance form that uses different techniques like stretching, contractions, turns, isolations, jumps, leaps and progression floor work. The dancer uses combinations that are set to different music rhythms to express themselves through movement.</p> <p>Tydsduur / Duration: 2 – 3 min</p>
DA03–DA04	<p>HIP HOP</p> <p>Hip Hop is a young and vibrant form of street dancing that has developed with rap, pop and hip-hop music genres. This funky dance-art allows all ages to experiment with combining the latest fashion, music, moves and attitude. Some of the styles of Hip Hop we use are Krumping, lock and pop and break-dance. Examples of Hip Hop can be seen in music videos and movies like 'Honey', 'Step-up' and 'Stomp the yard'.</p> <p>Tydsduur / Duration: 2 – 3 min</p>
DA05–DA06	<p>AKROBATIES / ACROBATICS</p> <p>Acrobatics, emphasis on balance, stretching, strengthening, and flexibility and includes basic tumbling skills.</p> <p>Tydsduur / Duration: 2 – 3 min</p>
DA07–DA08	<p>DISKO / DISCO</p> <p>Disco is an energetic dance characterised by strong movements and fast impulses of the body. The technique is to dance high on the balls of the feet throughout the routine.</p> <p>Tydsduur / Duration: 2 – 3 min</p>
DA09–DA10	<p>VOLKSDANSE of ETNIES / FOLK DANCE or ETHNIC</p> <p>Ethnic dance is any dance form which can be identified as originating with an ethnic culture and expressing the movement aesthetics of that culture. Etniese dans is enige dans vorm wat duidelik ontwikkel is deur 'n bekende kulturele groep. Die bewegings beeld die kultuur se estetika uit.</p> <p>Tydsduur / Duration: 2 – 3 min</p>
DA11–DA12	<p>LATIN AMERICAN</p> <p>Latin dance is a fast-paced dance that includes hip-movements. It includes dances like Cha-Cha, Rumba, Samba, Paso Doble and Jive.</p> <p>Latynse dans is 'n vinnige dans. Dit sluit danse in soos Cha-Cha, Rumba, Samba, Paso Doble and Jive.</p> <p>Tydsduur / Duration: 2 – 3 min</p>
DA13-DA14	<p>KLOPDANS / TAP</p> <p>Tap dancing is an exciting form of dance in which dancers wear special shoes equipped with metal taps. Tap dancers use their feet like drums to create rhythmic patterns and timely beats.</p> <p>Klopdans is 'n opwindende vorm van dans, waar dansers spesiale skoene met metaal aan die sole dra. Klopdansers gebruik hul voete soos dromme om ritmiese patrone te maak. Tydsduur / Duration: 2 – 3 min</p>

<p>DA15</p>	<p>LIRIESE DANS / LYRICAL DANCE A Routine where dancers interpret the lyrics or mood (intent) of a song (with or without words). This form includes the use of legwork, balance, and facial and body emotion. Tydsduur / Duration: 2 – 3 min</p>
<p>DA16</p>	<p>MUSIKALE KARAKTER / MUSICAL CHARACTER A Routine interpreting a song from a Broadway or movie musical, or a routine portraying a character from a play, movie, television show or a stereotype (i.e. doctor, policeman, etc.) through any style of dance. Tydsduur / Duration: 2 – 3 min</p>
<p>DA17</p>	<p>CONTEMPORARY Contemporary dance focuses on the freedom of movement with no limitations. It is an experimental dance form that originates from a classical style. A combination of techniques ranging from ballet and modern are often used. It explores dancing of our time with futuristic elements that can include dynamic and strong movements, release, flexed feet, angular lines and unusual movements of the body. This can also be combined with a strong story line. Tydsduur / Duration: 2-3 min</p>
<p>DA18</p>	<p>SHOWDANCE Show Dance in the broadest sense is based either on any Jazz/Lyrical, Ballet and/or Modern and Contemporary dance technique. Other dance disciplines can also be incorporated but cannot dominate. The dancer's personal interpretation should be clearly evident when using any of these disciplines or styles. Show Dance allows the use of acrobatics, props, lip-sync and other theatrical effects. All Show Dance presentations shall be based on a concept, story, theme or idea. There must be a title of the Show. The concept, story, theme or idea must be fully understandable and will be expressed by means of dance movements that adhere to the piece being presented, along with being creative, imaginative and original. The piece must have Show Value and entertain the audience. Tydsduur / Duration: 2-3 min</p>
<p>DA19</p>	<p>HIP HOP IMPROVISASIE / IMPROVISATION The participant will be required to improvise on a Hip Hop Song. The dancer will be allowed to listen to the song once off stage and create a dance on the spot. The dancer will then listen to the song an additional time for confirmation. The dancer will then take the floor and perform the dance they have created. Tydsduur / Duration 1 – 2 min</p>

ITEM BESKRYWINGS / ITEM DESCRIPTIONS	
DAG01	<p>MODERNE DANS GROEP / MODERN DANCE GROUP</p> <p>Modern dance is a vibrant and exciting dance form that uses different techniques like stretching, contractions, turns, isolations, jumps, leaps and progression floor work. The dancer uses combinations that are set to different music rhythms to express themselves through movement.</p> <p>Tydsduur / Duration: 2 – 3 min</p>
DAG02	<p>HIP-HOP GROEP / GROUP</p> <p>Hip-Hop is a young and vibrant form of street dancing that has developed with rap, pop and hip-hop music genres. This funky dance-art allows all ages to experiment with combining the latest fashion, music, moves and attitude. Some of the styles of Hip-Hop we use are Krumping, lock and pop and break-dance. Examples of Hip-Hop can be seen in music videos and movies like 'Honey', 'Step-up' and 'Stomp the yard'.</p> <p>Tydsduur / Duration: 2 – 3 min</p>
DAG03	<p>AKROBATIES GROEP / ACROBATICS GROUP</p> <p>Acrobatics, emphasis on balance, stretching, strengthening, and flexibility and includes basic tumbling skills.</p> <p>Tydsduur / Duration: 2 – 3 min</p>
DAG04	<p>DISKO GROEP / DISCO GROUP</p> <p>Disco is an energetic dance characterised by strong movements and fast impulses of the body. The technique is to dance high on the balls of the feet throughout the routine.</p> <p>Tydsduur / Duration: 2 – 3 min</p>
DAG05	<p>ETNIES GROEP / ETHNIC GROUP</p> <p>Ethnic dance is any dance form which can be identified as originating with an ethnic culture and expressing the movement aesthetics of that culture.</p> <p>Etniese dans is enige dans vorm wat duidelik ontwikkel is deur 'n bekende kulturele groep. Die bewegings beeld die kultuur se estetika uit.</p> <p>Tydsduur / Duration: 2 – 3 min</p>
DAG06	<p>LATIN AMERICAN GROUP</p> <p>Latin dance is a fast-paced dance. It includes dances like Cha-Cha, Rumba, Samba, Paso Doble and Jive.</p> <p>Latynse dans is 'n vinnige dans. Dit sluit danse in soos Cha-Cha, Rumba, Samba, Paso Doble and Jive.</p> <p>Tydsduur / Duration: 2 – 3 min</p>
DAG07	<p>KLOPDANS GROEP / TAP GROUP</p> <p>Tap dancing is an exciting form of dance in which dancers wear special shoes equipped with metal taps. Tap dancers use their feet like drums to create rhythmic patterns and timely beats.</p> <p>Klopdans is 'n opwindende vorm van dans, waar dansers spesiale skoene met metaal aan die sole dra. Klopdansers gebruik hul voete soos dromme om ritmiese patrone te maak.</p> <p>Tydsduur / Duration: 2 – 3 min</p>

DAG08	<p>LIRIESE DANS / LYRICAL DANCE A Routine where dancers interpret the lyrics or mood (intent) of a song (with or without words). This form includes the use of legwork, balance, and facial and body emotion. Tydsduur / Duration: 2 – 3 min</p>
DAG09	<p>MUSIKALE KARAKTER / MUSICAL CHARACTER A Routine interpreting a song from a Broadway or movie musical, or a routine portraying a character from a play, movie, television show or a stereotype (i.e. doctor, policeman, etc.) through any style of dance. Tydsduur / Duration: 2 – 3 min</p>
DAG10	<p>CONTEMPORARY Contemporary dance focuses on the freedom of movement with no limitations. It is an experimental dance form that originates from a classical style. A combination of techniques ranging from ballet and modern are often used. It explores dancing of our time with futuristic elements that can include dynamic and strong movements, release, flexed feet, angular lines and unusual movements of the body. This can also be combined with a strong story line. Tydsduur / Duration: 2-3 min</p>
DAG11	<p>SHOWDANCE Show Dance in the broadest sense is based either on any Jazz/Lyrical, Ballet and/or Modern and Contemporary dance technique. Other dance disciplines can also be incorporated but cannot dominate. The dancers' personal interpretation should be clearly evident when using any of these disciplines or styles. Show Dance allows the use of acrobatics, props, lip-sync and other theatrical effects. All Show Dance presentations shall be based on a concept, story, theme or idea. There must be a title of the Show. The concept, story, theme or idea must be fully understandable and will be expressed by means of dance movements that adhere to the piece being presented, along with being creative, imaginative and original. The piece must have Show Value and entertain the audience Tydsduur / Duration: 2-3 min</p>
DAG12	<p>HIP-HOP IMPROVISASIE / IMPROVISATION The group will be required to improvise on a Hip Hop Song. They will be allowed to listen to the song once off stage, and create a dance on the spot. The group will then listen to the song an additional time for confirmation. The group will then take the floor and perform the dance they have created. Tydsduur / Duration 1 – 2 min</p>
DAG13	<p>OOP / OPEN Any type of dance that isn't classified in another item. Enige dans vorm van keuse wat nie reeds in 'n ander item beskryf word nie. Tydsduur / Duration: 2 – 3 min</p>

DANS SOLO TOEKENNING / DANCE SOLO AWARD

Top toekennings - Graad 1 – 12

Hierdie toekennings word nie afsonderlik aan seuns en dogters toegeken nie.

1. Deelname aan 'n minimum van 4 items.
2. Slegs 4 items word in aanmerking geneem. Dit wil sê slegs die 4 hoogste punte van elke deelnemer word in berekening gebring.
3. 'n Addisionele punt sal toegeken word vir elkeen van **hierdie** 4 items waar die deelnemer itemwenner was.
4. Die deelnemer/s met die hoogste persentasie/s van genoemde 4 items, (punt 2 en 3 in aanmerking geneem), ontvang 'n toekenning.

Top Awards - Grade 1 – 12

No separate awards for boys and girls.

1. Participation in a minimum of 4 items.
2. Only 4 items will be taken into consideration, which implies that only the 4 highest points achieved by each participant will be taken into consideration for calculative purposes.
3. An additional point will be added for each of **these** 4 items where the participant was item winner.
4. The participant/s with the highest percentage/s calculated from the above criteria will receive an award.

DANS GROEP TOEKENNINGS / DANCE GROUP AWARDS

Top Toekennings - KLEIN GROEPE (3-10 deelnemers)

Om vir hierdie toekennings te kwalifiseer moet die groep in al die items uit dieselfde deelnemers bestaan.

- * Die groep moet aan ten minste 3 items deelneem
- * Net die hoogste 3 persentasies sal tel

Top Awards - SMALL GROUPS (3-10 participants)

To qualify for these awards the group must consist of the same participants in all items.

- * The group must take part in at least 3 items.
- * Only the highest 3 percentages will count.

BELANGRIK

- Geen kougom word toegelaat tydens deelname nie
- Kleredrag moet asb netjies en gepas wees
- Geen fotos of videos mag geneem word nie

IMPORTANT

- No chewing gum is allowed while performing
- Outfits should be neat and appropriate
- No photos or videos may be taken